

#SpaIsTheAnswer

Feeling stressed? Zero energy? Fancy taking some 'me-time'? Clarins has the perfect competition for you!

Rise & Shine
Boost your mood
& lift your spirits

Beauty Sleep Just like a good night's sleep

One lucky winner will receive a course of 6 Wellness Treatments at their favourite Skin Spa*.

For your chance to WIN simply snap a selfie with your wellness wish - Beauty Sleep or Rise & Shine. Upload to your Instagram page using #SpalsTheAnswer and tagging @clarinsuk in your entry.

Five lucky second prize winners will receive two Wellness Treatments at their favourite Skin Spa*.

#SpaIsTheAnswer

@clarinsuk