



The Clarins Skin Spa

A fusion of science, touch and nature.

CLARINS *skin spa*

“

Taking the time for a facial or body treatment is no longer a luxury but a necessity in our modern world. Today, feeling good starts with taking care of yourself. At Clarins, for over 60 years, our vocation has been to enhance your beauty thanks to the power of plants, science and touch.”

Dr. Olivier Courtin-Clarins | *Clarins Managing Director*





Clarins Treatments.

Clarins Treatments are totally unique. They combine the power of the Clarins Touch - a specialized and skilful massage - with high performance formulas enriched with the purest plant extracts and aromatic essential oils.

In the expert hands of the Clarins Beauty Therapists, you will experience the pleasures of a personalised treatment: precise, targeted movements which flow seamlessly one after the other. Each one is perfectly adapted to your needs and desires to deliver instant, visible and long-lasting beauty results plus total well-being.

Come and escape to a haven of tranquility where you can enjoy a totally unique and blissful Clarins experience every time.



IN THE TREATMENT ROOM

Exclusive formulas for professional use only.

CLARINS PRO products incorporate the latest plant discoveries and scientific innovations from Clarins Research. Designed exclusively for use during Clarins Treatments, their textures have been developed to adapt to the expert hands of our Beauty Therapists and to enhance the sensations you experience.



Harungana

Plants and science.

Clarins Researchers use all the scientific resources available to uncover the beauty secrets of plants and to select the most effective active ingredients that have perfect affinity with the skin.

Root, flower, stem, leaf, seed, fruit... each plant is dissected and every part is analysed, tested and then selected when its performance has been demonstrated.

AT HOME

Take home revitalised skin and a sense of well-being.

To help prolong the benefits of your treatment, your Beauty Therapist will recommend a daily skin care programme, including the best products for your skin and lifestyle as well as application tips - all you need to re-create the unique Clarins Skin Spa experience at home.

DISCOVER NEW

Tri-Active Facials.

Now more effective than ever with new techniques that come from over 60 years of expertise and knowledge of the skin.

New Tri-Active Facials deliver immediate rejuvenating and well-being results which last.

1. A moment of well-being and relaxation⁽¹⁾.

A proven action on recovery capacity.

- After the treatment, women feel more soothed by 30.6%⁽²⁾ and more revitalized by 61.5%⁽²⁾

2. Exceptional, visible and immediate rejuvenating results⁽¹⁾.

A proven action on wrinkles and skin firmness.

- Reduction in the appearance of volume of wrinkles (crow's feet, frown lines) -29%⁽³⁾
- Improvement in skin firmness +18%⁽³⁾
- 94%⁽³⁾ found the complexion is radiant.

3. Rejuvenating results which last⁽¹⁾.

After the treatment and 7 days of the anti-ageing routine.

- 93%⁽⁴⁾ felt that the anti-ageing routine (Double Serum + day cream / night cream + eye contour care) recommended by their Beauty Therapist completes and prolongs the benefits of the treatment.

(1) All tests carried out on Lifting Replenisher and Power Firmer Tri-Active Facials. (2) Lifting Replenisher and Power Firmer - Emoskin questionnaire - Panel of 32 women. (3) Instrumental and satisfaction Study on 32 women - Results after the Treatment. (4) Study on 16 women who followed the anti-ageing routine for 7 days - % of evolution

The new Tri-Active Facials involve 5 luxurious and personalised steps to treat the face and eyes with a special focus on the delicate neck, décolleté and hands.

1. Relaxation Ritual - A moment of instant calm, with relaxation and breathing techniques combined with soothing aromatherapy.

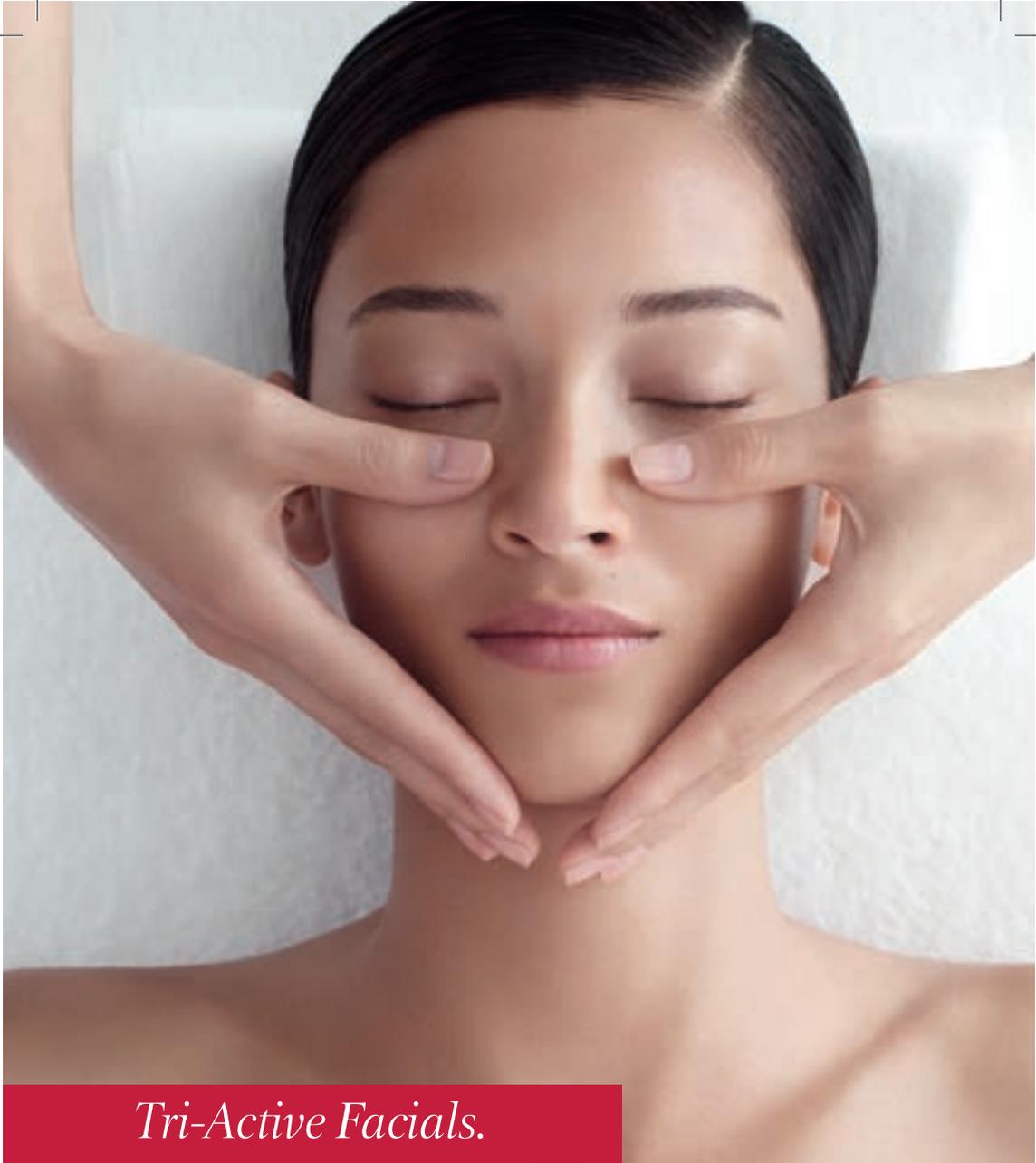
2. Make-Up Removal - Following the Clarins Anti-Pollution Professional Method to gently purify and protect the skin.

3. Double Exfoliation - Buff away dead skin cells for smoother, brighter and more youthful-looking skin.

4. Anti-Ageing Facial Massage - A Clarins innovation which sculpts the contours of the face with a firming, reshaping and relaxing anti-ageing massage.

5. Triple Face-Eyes-Décolleté Mask - The treatment is customized according to your skin's needs using a wide variety of textures for an ultra-relaxing sensorial experience.





Tri-Active Facials.

Each facial is unique: our Beauty Therapist will adapt her movements and products to your needs and wishes. At the heart of each treatment is a 25-minute Anti-Ageing Facial Massage which lifts, firms and sculpts the contours of the face giving immediately visible rejuvenating results. Choose from five Tri-Active Facial Treatments, available in 1hr 25min and 1hr 45min appointments. You'll leave feeling relaxed with a wonderful sense of well-being.

Lifting Replenisher

A luxuriously replenishing treatment that re-plumps and regenerates, bringing radiance to mature skin.

This treatment smooths, re-sculpts and re-defines facial contours as well as visibly reducing the look of wrinkles and dark spots. The ultimate rejuvenation for your skin.

1hr 25mins £70 / 1hr 45min £85

AT HOME: Clarins Super Restorative range.

Power Firmer

An intensive firming treatment that visibly diminishes the look of wrinkles.

This treatment stimulates the skin to deliver a triple rejuvenating action targeting wrinkles, firmness and elasticity. Wrinkles appear reduced, facial features lifted and your youthful vitality is restored.

1hr 25mins £70 / 1hr 45min £85

AT HOME: Clarins Extra-Firming range.

Radiance Reviver

A revitalising treatment that smooths first wrinkles and protects stressed out skin.

This treatment recharges dull, tired and stressed skin with a cocktail of antioxidants and revitalising plant extracts. Skin recovers a healthy dewy glow and early lines and wrinkles are smoothed. Your skin is better protected against lifestyle and environmental aggressors that lead to premature ageing.

1hr 25mins £70 / 1hr 45min £85

AT HOME: Clarins Multi-Active range.

Moisture Quencher

Helps restore comfort, softness and moisture to dry, dehydrated skin.

This multi-level hydration treatment gives intense nourishment for dry, weakened skin. Dehydration lines are plumped and feelings of tightness disappear - your skin feels wonderfully soft and supple again with its radiance restored.

1hr 25mins £70 / 1hr 45min £85

AT HOME: Clarins HydraQuench range.

Skin Soother

A calming treatment to soothe and comfort sensitized and irritated skin.

This soothing and healing facial will help calm irritated and sensitized skin. Redness is reduced and your skin recovers its softness, suppleness and comfort.

1hr 25mins £70 / 1hr 45min £85

AT HOME: Clarins Gentle range.

1hour 45min appointments include a choice of either a 20min back massage or a 20min scalp and foot massage.



Other Facial Treatments.

At Clarins, we'll take care of all your beauty concerns no matter how little time you have. We know how precious taking a little 'me-time' is, so we've created a range of tailor-made treatments that will still deliver immediate long-lasting benefits. You'll leave feeling stimulated and your skin rejuvenated.

Aromatic Balancer

A luxurious rebalancing treatment with aromatherapy oils.

Oily, congested, dry and dull, dehydrated, sensitive... Whatever your skin condition, this customized treatment will rebalance and coax it back to blooming.

1hr 5mins £50

AT HOME: Clarins Face Treatment Oils

Face & Eyes Refresher

A targeted facial to restore a brighter more rested appearance.

This treatment freshens and smoothes the face, eye area and décolleté. It targets signs of tiredness and stress, to leave you looking much more rested. The perfect antidote to tiredness and a superb quick-fix after work or a late night.

45mins £39

AT HOME: Clarins Eye Contour Care

Age-Defying Eyes

A youth replenishing treatment for the eye contour area.

Intensively replenishes the delicate eye area visibly reducing fine lines and wrinkles to reveal more youthful-looking eyes from temple to temple. A complete anti-ageing treatment for bright and beautiful eyes.

45mins £30

AT HOME: Clarins Super Restorative Total Eye Concentrate





Tri-Active Body Treatments.

Clarins Body Treatments are the perfect way to discover why Clarins are the No.1 Body Care Brand in the UK*. No matter what your body care needs are, Clarins has the solution.

The Moisture Quencher

Restores extreme softness, suppleness and comfort to parched or dry skin.

This treatment includes a smoothing exfoliation, over an hour of moisture replenishing and cocooning massage and a deeply nourishing body mask. For a body that is soft, smooth and velvet to the touch.

1hr 25mins £67

AT HOME: Clarins Moisture-Rich Body Lotion

The Body Lift Sculptor

An intensive treatment to streamline body contours.

Includes skin refining exfoliation, over an hour of detoxifying and sculpting massage and a super-shaping body mask. Your pampering shortcut to a body that's svelte, toned and silky-smooth.

1hr 25mins £67

AT HOME: Clarins Body Lift Cellulite Control

The Firming Age Corrector

Restores youthful firmness, smoothness and luminosity.

This treatment helps you fight against loss of firmness and includes a skin refining exfoliation, over an hour of revitalizing and toning massage and an intensive firming body mask. Think of this as an all-in-one body youth boost.

1hr 25mins £67

AT HOME: Clarins Extra-Firming Body Care

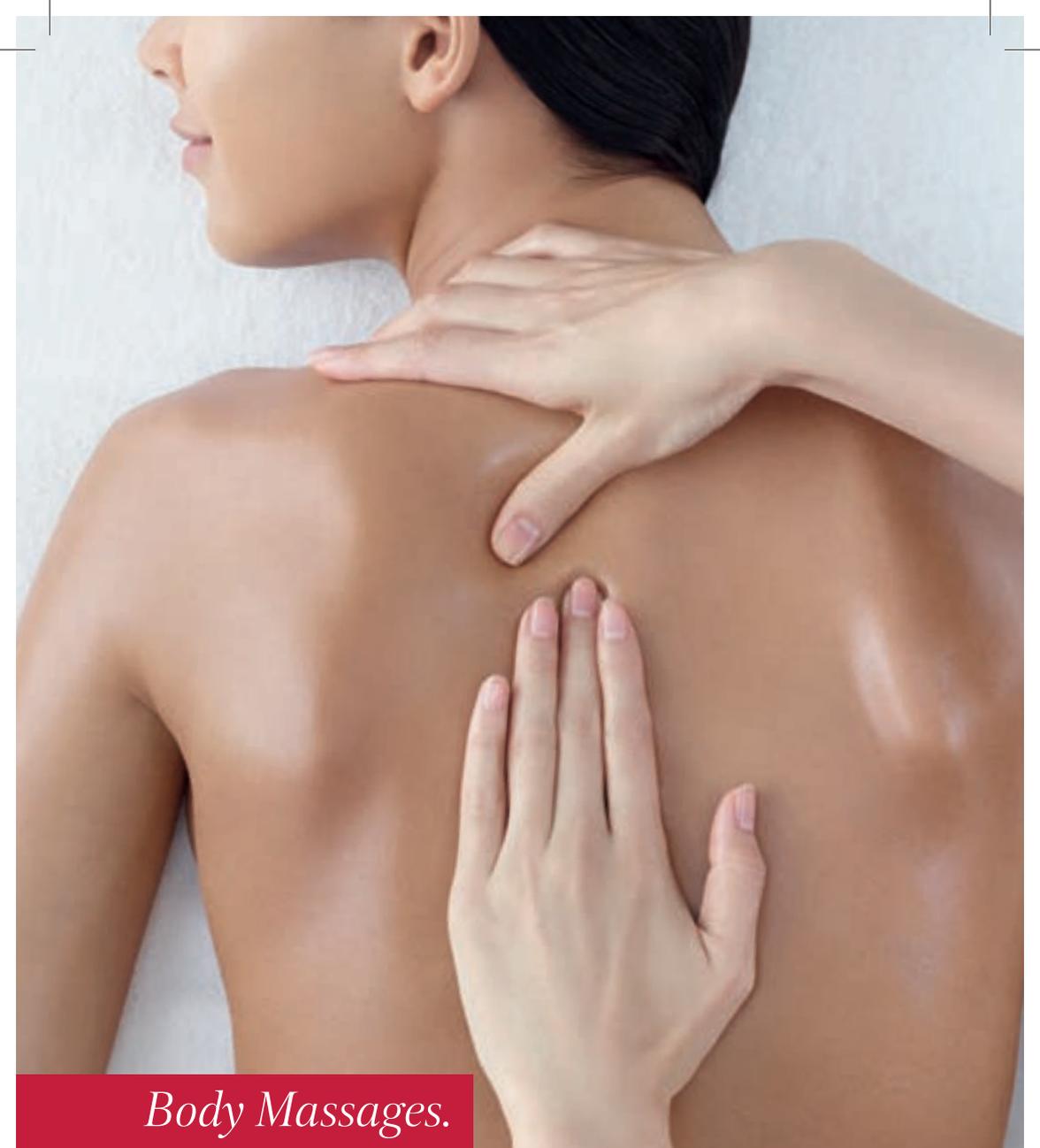
The Sun Glow

The ultimate self-tanning treatment for face and body.

Includes a skin-smoothing exfoliation and a deeply pampering application of an award-winning self tanner. This treatment will leave you with a gorgeous, long-lasting, golden colour that looks as natural in winter as in summer. You can even get dressed immediately.

1hr 15mins £52

AT HOME: Clarins Self Tanners

A close-up photograph of a woman's back and neck. Two hands are shown massaging her skin. One hand is resting on her shoulder, while the other is placed on her upper back. The skin is smooth and appears to be oiled. The background is a plain, light-colored wall.

Body Massages.

Unwind, escape and rejuvenate with Clarins Massages. Deeply soothing, each massage involves highly precise movements that are synchronised and work in perfect harmony with your body. Combined with exclusive skin care products which use the exceptional aromatic and phytotherapeutic powers of essential oils, our massages will help de-stress mind and body. An unforgettable experience that brings pleasure to all the senses.

Rebalancing Massage

With Relax Essential Oils

A deeply relaxing and rhythmic full body massage which uses a bespoke sequence of slower movements and pressure point techniques to release even long-standing knots and tensions within the deeper muscle layers. Relaxation is intensified with an essential oil blend rich in soothing Basil, Camomile and Petit Grain.

1hr 25mins £57

AT HOME: Clarins Relax Body Treatment Oil

Rebalancing Massage

With Tonic Essential Oils

Using a bespoke sequence of more energizing movements and pressure point techniques, this deep and rhythmic full body massage not only releases muscular knots and tensions but helps to clear the mind, uplifting to restore vitality and flagging energy levels. The effect is intensified with an essential oil blend rich in invigorating Rosemary, Mint and Rosewood.

1hr 25mins £57

AT HOME: Clarins Tonic Body Treatment Oil

Hot Stone Massage

With Relax Massage Gel

A deeply relaxing and uniquely personalised hot stone massage that gently releases tension, soothes aching muscles, eliminates toxins and calms mind and body. The secret is in the intuitive way the therapist uses her hands in harmony with 9 smooth, individually shaped, heat-releasing marble and slate stones. Intensified by Relax Massage Gel, rich in relaxing aromatic essential oils.

1hr 5mins £62

AT HOME: Clarins Relax Body Treatment Oil

EXPRESS TREATMENTS

The Body Polisher

An intensive double exfoliation treatment to deep cleanse and retexture skin.

Helps perfectly prepare the skin for a body that's super-soft, supple and smooth. It also helps minimize dark spots and stretch marks so skin looks fresher, brighter and more evenly toned. The final touch is a deeply conditioning application of body lotion.

45mins £37

AT HOME: Clarins Exfoliating Body Scrub

The Energizing Back, Neck & Scalp Massage

A detoxifying and decongesting back cleanse and massage.

Helps restore fresh, blemish-free skin while twenty-five minutes of deep tissue massage melts away tension and soothes tired muscles. The perfect post-exercise pick-me-up.

45mins £35

AT HOME: Clarins Tonic Body Treatment Oil



Pampering beauty for new mothers & mothers-to-be.

Clarins, the pioneer in beauty for new mothers and mothers-to-be and author of the book “Pregnancy, the most beautiful days of your life”, has worked with professionals to develop a programme devoted to all those who want to feel their best during this important time in their lives. Our exclusive treatment comes with specially adapted techniques, high-performance products and advice to ensure that all new mothers and mothers-to-be feel completely relaxed and totally pampered.

Beautiful Mother-to-Be

Pampering Face & Body Treatment.

This luxurious and indulgent treatment for face and body is adapted to pre and post-natal stages of pregnancy and to how you look and feel. It will help ease aching backs, fluid retention, stress, fatigue and tired legs, as well as improving skin tone and elasticity. Afterwards, you'll feel energized and wonderfully relaxed, with baby-soft skin.

1hr 15mins £49

AT HOME: Clarins Exfoliating Body Scrub For Smooth Skin, Stretch Mark Minimizer, Tonic Body Treatment Oil, Bust Care products, Energizing Emulsion for tired legs.

Make-Up.

The final step in the treatment. Clarins understands the inner confidence that comes with a glowing, radiant and youthful complexion. A touch of make-up can help you feel ready to face the world. It's you, only better. Instantly.

Make-Up One-to-One

Discover the secrets to a flawless complexion and how to create the perfect look with products that will fit into your existing make-up collection with this personalised beauty lesson.

50mins £39

AT HOME: Clarins Make-Up range

Make-Up To Go

Clarins Make-Up perfectly complements a busy lifestyle. Book in for an express make-over using our latest colour collections.

30mins £23

AT HOME: Clarins Make-Up range



Waxing.

Quick expert waxing to remove unwanted hair using gentle honey-based wax.

Brow Tidy

10mins £14

Half Leg

30mins £30

Underarm

10mins £14

Full Leg

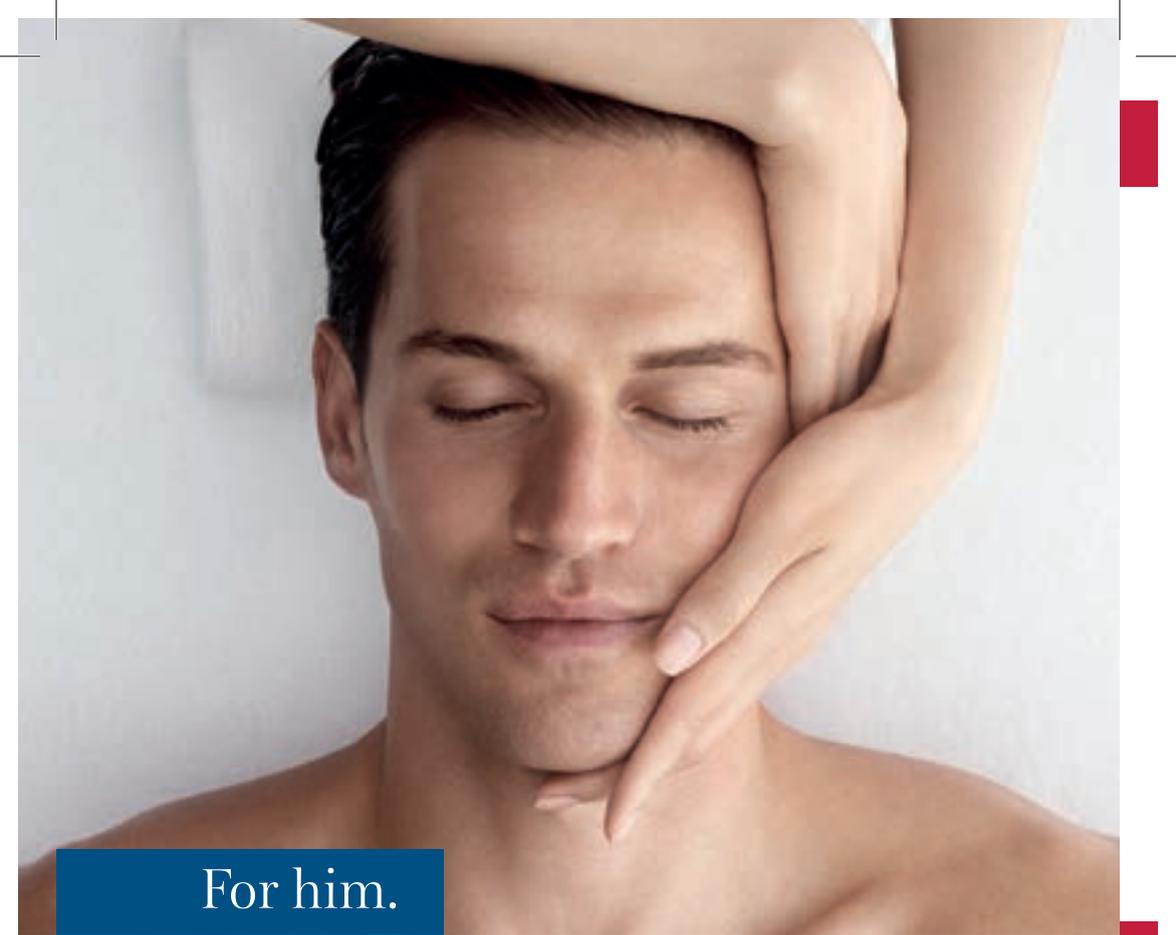
40mins £40

Bikini

20mins £20

Full Leg & Bikini

60mins £53



For him.

Clarins has developed a customized collection of grooming and well-being treatments for the face and body. Each one is specifically formulated for men's skin and designed to restore balance, health and vitality.

Skin Blitz Facial

Bespoke multi-action grooming treatment.

Shaving bumps and irritation, stress and tiredness, greyness and congestion... Whatever life puts your skin through, this super-relaxing bespoke facial will target and treat it. Your face will look and feel refreshed, healthy and smooth.

1hr 5mins £48

AT HOME: ClarinsMen Skin Care

Muscle Ease Body Massage

Deeply soothing therapeutic body massage.

Whether you've overdone it at the gym or work, this intensely therapeutic massage eases tense shoulders, back knots and aches. Aromatic essential oils supercharge the stress-relieving benefits, restoring your sense of well-being.

1hr 5mins £48

AT HOME: Clarins Relax Body Treatment Oil

Energizing Back, Neck & Scalp Massage

Detoxifying and decongesting back cleanse and massage.

A rejuvenating treatment that sorts out congested skin and tired muscles. Combines a decongesting back cleanse and deep massage to relieve tension and aches. The ultimate post-exercise pick-me-up to leave you feeling chilled out instead of strung out.

45mins £35

AT HOME: Clarins Tonic Body Treatment Oil

Nail Care.

A deluxe nail care service offering a selection of manicures in association with CND , the nail experts.

Shape & Paint Manicure

Basic manicure, which includes soaking, shaping, conditioning and polish.

20mins £21

Luxury Manicure

A sublimely sensory manicure with essences of Rosemary or Camomile cuticle softening oil, nail perfecting and polish.

30mins £32

Shape & Paint Pedicure

Basic pedicure, which includes soaking, shaping, conditioning and polish.

20mins £21

Luxury Pedicure

Rest your tired feet in a Mint enriched soak-bath followed by sea-salt or sugar scrubbing, buffing, cuticle tidying and polish.

30mins £32

French Polish: Can be added to any manicure or pedicure £4 (10mins).

CND Shellac.

CND Shellac, goes on like a polish and wears like gel. This revolutionary Power Polish provides lasting colour with a high-shine mirror finish. Zero drying time and lasts up to 14 days.

CND Shellac Manicure

Basic manicure which includes removal of any Polish/Shellac, soaking, shaping and cuticle tidying. Followed by a pampering hand massage and CND Shellac colour of your choice, including French Polish.

60mins £45

CND Shellac Pedicure

Basic pedicure which includes removal of any Polish/Shellac, soaking, shaping and cuticle tidying. Followed by a pampering foot massage and CND Shellac colour of your choice, including French Polish.

60mins £45

CND Shellac Soak Off

Quick removal of CND Shellac. Should be booked in combination with a Shape & Paint Manicure/Pedicure or a Luxury Manicure/Pedicure to strengthen nails.

10mins £8

Enjoy the Clarins Treatment Experience

Please arrive at the Skin Spa reception 10 minutes prior to your appointment. All appointment times include a 15 minute consultation and time for you to change*. The minimum age for treatments is 16. It is with regret that we cannot accommodate babies and children in the treatment areas of the Skin Spa.

All treatments are a blissful experience that stimulate the senses. The use of low-level lighting, aromatic vapours and soothing sounds create the perfect ambience treatment areas of the Skin Spa.

At the end of your treatment we'll add a Touch of Colour so you can feel ready to face the world again.

Clarins loyalty scheme, "Time For Me", rewards you with free treatment time in the Clarins Skin Spa. Ask the Therapist for full details**.

Gift vouchers are an ideal present. Personalised vouchers can be sent out on your behalf and are valid for 12 months.

For the greatest benefits, courses of treatments are recommended. Our Beauty Therapists are happy to assist with any treatment recommendations.

Courses of 6 Clarins Facials, Body Treatments or Shellac Manicures/ Pedicures (where applicable) are available for the price of 5.

At Clarins, our best reward is your personal recommendation to friends, family and colleagues.

All treatments are subject to availability. Please give 24 hours notice to cancel or change your appointment or you will be charged for time reserved. A booking fee of £20 is redeemable against the price of your Clarins treatment. (Waxing treatments booking fee: £10) *Excludes waxing, make-up and nails. **Subject to terms and conditions.

www.clarins.com

Code: 80027193

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